

# REFLECTIONS CAFÉ

Winter

## Breakfast Menu

### LIGHT

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**THICK CUT TOAST \$4.50**

2 Slices of white, brown or multigrain with butter and conserves

**GLUTEN FREE TOAST \$4.50**

with butter and conserves

**THICK RAISIN TOAST \$4.50**

spread with butter

**CREAMY COCONUT PORRIDGE (V) \$8.00**

topped with a dollop of Greek yoghurt, crunchy fruit and nut granola, fresh banana slices, drizzled with honey, served with a side of warm milk

### CHILDREN

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Under 10 \$8.00

**WARM WAFFLES (2)** - with maple syrup and ice cream

**SCRAMBLED EGGS ON TOAST**

**BACON & 1 EGG ON TOAST**

### FULL

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**EGG & BACON ROLL \$11.50**

2 rashers of crispy bacon, 2 fried eggs, bbq sauce & cheese in a toasted roll

**BACON & EGGS \$14.00**

3 Bacon rashers, 2 eggs on toasted sourdough

**EGGS ON TOAST \$10.00**

2 Poached eggs, fried or scrambled on 2 slices of sourdough

**EGGS BENEDICT \$13.00**

grilled ham, poached eggs, toasted English muffin and hollandaise

**WARM WAFFLES - 3 (V) \$13.00**

topped with a berry brekkie crunch, drizzled with maple syrup and a side of minted crème fraiche

**RUSTIC SWEET POTATO ROSTI (V/GF) - \$14.00**

**Add Salmon - \$17.00**

topped with a dill sour cream, roasted red capsicum, sliced red onion, cherry tomatoes, avocado, grilled haloumi and poached egg, sprinkled with dukkah

**HERBED MUSHROOMS AND BAKED ROSEMARY, RICOTTA POLENTA CHIPS - \$15.00**

Sautéed thyme and garlic mushrooms with crunchy polenta chips, served with rocket, shaved parmesan and a soft poached egg

**REFLECTIONS DELUXE \$15.00**

2 Eggs, sourdough, 1 sausage, 1 bacon rasher, grilled tomato, baby spinach, mushrooms & hash brown

**FLUFFY OMELETTE WITH TOASTED SOURDOUGH \$14.00**

choice of 3 fillings from ham, salami, bacon, mushroom, asparagus, tomato, pineapple, cheese, onion & capsicum

**EXTRAS - \$2.50 each**

baby spinach, sautéed mushrooms, sausage, hash brown, baked beans, tomato, spaghetti, hollandaise sauce, bacon, egg, 1 slice of toasted sourdough avocado, tomato relish

- smoked salmon **\$3.00**

## COLD BEVERAGES

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**GLASS OF SOFT DRINK \$4.60**

**BOTTLED JUICE (250ML) \$4.00**  
orange, pineapple, apple or tomato

**BOTTLED SOFTDRINK (330ML) \$4.00**  
Coke, Coke No Sugar, Diet Coke  
Fanta, Lift, Sprite & Cascade

**WATER (250ML) \$4.00**  
Mt Franklin Still or lightly sparkling

**MILKSHAKES \$5.80**  
strawberry, chocolate, vanilla,  
caramel, coffee, lime or banana

**THICKSHAKES \$6.40**  
strawberry, chocolate, vanilla,  
caramel, coffee, lime or banana

**ICED COFFEE \$6.60**  
with whipped cream and ice cream

**ICED CHOCOLATE \$6.60**  
with whipped cream and ice cream

**SMOOTHIES \$7.50**  
banana, mango, strawberry,  
apricot or peach

## HOT BEVERAGES

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**POT OF TEA \$4.00**

**POT OF HERBAL TEA \$4.00**

**CUP/MUG \$4.00/\$5.00**  
chai latte  
café latte  
espresso (short black)  
long black  
cappuccino  
mocha

**ADDITIONAL COFFEE FLAVOURS \$0.80**  
hazelnut, caramel and vanilla

*Some meals can be adapted to cater  
for gluten free diets*



### Winter Breakfast Menu

Orders available from 8am – 11am